



Kimberly Quan Hubenette is a 2nd generation dentist who moved to Sonoma County in 2006 to be closer to her late husband's family. She helped create Synergy Dental Group as a unique brand of dentistry; the business features personalized dental care that focuses on whole body health using saliva testing, laser therapy, and biohacking. "It is a major passion of mine to be able to help my patients be the best they can be with what they have to work with," she shares. "Constant and never-ending improvement for myself, my team, and my patients is my daily goal." She adds that making a difference in someone's life, not just through her dentistry practice but as a friend, means the world to her. In the more than 15 years that she's been in Sonoma, she's discovered how much she loves participating in community activities, including co-hosting the annual holiday movie for Toys for Tots at Sebastiani Theater, being co-director of FREEDOM Week Sonoma in which businesses give thanks to military, veterans, & first responders, and donating time to Rotary of Sonoma Valley. In July, Kimberly was recognized in the dental field as a Lifelong Learning Recipient, a recognition awarded to less than 400 people in the world.

Kimberly has centered her world around her career and family. She also grew up loving nature. Her late husband, Mark, shared this passion for the outdoors. He was an 8-year volunteer with Sonoma Search and Rescue and created a life for both of them that was centered around the outdoors, camping, shooting, RVing, and ATV riding. Mark had a childhood disease called cystic fibrosis, which led him to his 21-year survival of his double lung transplant. That in itself was a miracle surgery—less than 200 are performed in the United States per year. Mark passed away three years ago, and since that time, Kimberly has taken up hiking. On the weekends, she can be found hiking with her dog, Dakota, around the Sonoma County regional and state parks. Her biggest hikes to date include one she did last year with the End World Hunger Foundation in which she hiked Half Dome. In August, she just returned from her hike through the Ansel Adams Wilderness. She says that she also enjoys spending time at Wing and Barrel Ranch and practicing her fishing, shooting, and archery skills.

As a tribute to Mark's life, Kimberly recently wrote her first published novel that came out in March 2022. The book, entitled *Grid: Once in a Lifetime, You Get to Start Over*, is a fiction novel about a woman who loses her husband in a wildfire & goes out into the wilderness to survive. Although it's fiction, the appendix



incorporates helpful facts, including emergency survival lists for pets and creating your own "Bug-Out-Bags" for everyday use. "I hope that people all over can benefit from my lists and become prepared for natural disasters," Kimberly explains. "My hope is to keep writing, inspiring people to love nature, and encouraging people to check things off their bucket list." To learn more about Kimberly and to go along for the ride as she lives life to the fullest, check out her Facebook and Instagram accounts and look for her around Sonoma.

